# 2020 Manatee Hurricane Invitational

Tuesday, February 11, 2020



#### **ENTRY FEES:**

- \$225 per school
- Cash or checks payable to: Manatee High School Track
- Mail to: Manatee High School Track, Attn: Rae Ann Darling Reed, 902 33rd St Ct W, Bradenton, FL 34205
- Payments must be received by mail or in person on meet day in order for your team to compete. No payment = no athletes compete. We had several schools not pay us at all last year so we must implement this policy going forward. Thank you for your cooperation.

### **ENTRIES:**

- 5 entries per event, one relay per school
- Entries will be on DirectAthletics.com

### TRACK RESTRICTIONS:

- Only 1/8 and 1/4 inch pyramid spikes allowed. NO NEEDLES! Clerk will check.
- NO TAPE ALLOWED ON TRACK OR RUNWAYS. Please bring tennis balls or other items without sticky residue for your relay marks and runway marks. Thank you.
- NO COACHES ON INFIELD as that results in athletes on the infield near the timer. No one on infield except athletes warming up on the east end of the field near high jump end (away from timing tent/finish line).
- Teams are NOT allowed to bring grills or any type of cooking devices.

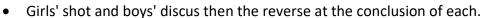
### **SCHEDULE:**

- 3:30 p.m. coaches' meeting
- 4:00 p.m. field events (3 attempts, no finals) and 4x800m relay
- 6:00 p.m. running finals (all running events are finals based on time, order is below)

## RUNNING FINALS ORDER (All finals, no prelims. Girls then boys in each event.):

- 100m HH/110m HH
- 100m
- One Mile Run (the Mile, not the 1600m)
- 4x100m Relay
- 400m
- 300m IH
- 800m
- 200m
- 3200m
- 4x400m Relay
- All athletes enter track from the east gate (closest to parking lot and 100m start line)
- All athletes exit track at west end of track (past finish line, near restrooms)
- Athletes must check in with the clerk at the 100m start at first call. Please let your athletes know this! Don't let them get disqualified.





- High jump girls followed by boys.
- Long jump both boys and girls simultaneously followed by triple jump boys and girls. Boys jump on east end and girls jump on west end.
- Three efforts in all jumps and throws. All finals. Check in at designated areas upon arrival.

### FIELD EVENT ASSIGNMENTS: To Be Announced

- Girls Long and Triple Jump -
- Boys Long and Triple Jump -
- Girls High Jump -
- Boys High Jump -
- Shot Put -
- Discus -
- Pole Vault -

4x100 RELAY EXCHANGE ZONES: TBA

JURY OF APPEALS: TBA

#### AWARDS:

- Top 2 team trophies
- 1-3 individual medals in each event
- Coaches pick up the team envelope of individual awards at the end of the meet. Awards will not be mailed so please pick them up.

### **TEAM/ATHLETE INFO:**

- All teams to set up in team area just outside the track near 100m start line. NO ATHLETES IN THE STANDS.
- Warm up area is the east side of infield area (high jump end) and will be marked by cones.
- No electronics on infield.
- A trainer will be on site.
- PLEASE CLEAN UP YOUR TEAM AREA. TRASH CANS PROVIDED.
- Concession stand will be open.
- There are no outside water fountains at MHS.

**TIMING:** Half Mile Timing

# **QUESTIONS:**

- Mike Smith, smith4m@manateeschools.net, 941-730-1954
- Rae Ann Darling Reed, <u>coach@runnergirl.com</u>, 941-586-9375

