

11th
Annual

MANATEE



RIVER

5 MILE RUN

Walk & Kid's Races



**RRCA
Florida
State
Championship**



SATURDAY DECEMBER 31, 2011

Emerson Point – Snead Island – Palmetto, FL 34221

Schedule:

7:30 am – 8:45 am Packet Pick Up and Race Day Registration • 8:15 am - Kid's Races; 3-4 yrs run 100 meters;
5-6 yrs run 200 meters; 7-9 yrs run 400 meters; 10-12 run 800 meters • 9:00 am - Manatee River 5 Miler

ALL RUNNERS, JOGGERS, AND WALKERS WELCOME

Register at On a Shoestring or on line at www.active.com

For more Information and forms www.Runnergirl.com or www.manateeriverrun.com

Call: 941-782-7023



8th Annual MANATEE RIVER 5 MILE RUN Walk & Kid's Races

Hosted by:



Enjoy the scenic beauty of Emerson Point

SATURDAY DECEMBER 31, 2011 • Emerson Point – Snead Island – Palmetto, FL 34221



5 Mile Run at 9:00 am sharp, chip timed, to a scenic adventure on hard shell packed winding trails through a variety of native ecosystems including beaches, lagoons, salt marshes, mangrove swamps, tropical hardwood hammocks, coastal strands and finishes on a paved 1 ½ mile roadway to the finish and a great post race party.



Kid's Races start at the 5 mile finish line and proceeds west into the preserve & back; 3 to 4yrs run 100 meters 8:15 am; 5 to 6yrs run 200 meters 8:20 am; 7 to 9 yrs run 400 meters 8:25 am. 10 to 12yrs run 800 meters 8:35 am. All children receive finisher medals and the top three boys and girls in each category receive engraved trophies. Race start is 1/2 mile west of the parking area. Parents should allow enough time to get to the start with children.



Awards M/F Top Finisher: 3 deep in age groups 14 & under; 15-19, then age groups from 20-24 to 80+. Walkers receive finisher participation ribbons. **All runners receive a \$25 value Leslie Jordan dry fit shirt.** Sizes are guaranteed to all pre registrants. Results on www.coolrunning.com



Manatee River Run Party follows after the run with D.J. + raffles, refreshments from area restaurants for all participants and their families. Early packet pick up at On A Shoestring, 3633 Cortez Road West, Bradenton, FL 34210. December 23rd 9 am -7pm, December 26th through December 29th 9am -7 pm. Special hours December 24th 9am to 2 pm.



Directions to Snead Island. From I-75: Take exit 224 and then to US 301 south. Continue west on US 301 crossing both US41 and Bus 41 through Palmetto. US 301 becomes 10th Street. Continue on 10th street west to Snead Island. Snead Island (in front of the Bradenton Yacht Club) on to Tarpon Road and to packet pickup. Packet pickup, chip, and registration are in the parking area.



For information and Forms: www.runnergirl.com or www.manateeriverrun.com

REGISTER ONLINE: www.active.com

OR FILL OUT THE FORM BELOW. PLEASE PRINT CLEARLY. PLEASE COMPLETE ENTIRE FORM.

First Name:	Last Name:		
Address:	City:	State:	Zip:
Phone:	Cell Phone:		
Birth day (DD/MM/YYYY)	Age on Raceday:	<input type="checkbox"/> Female	<input type="checkbox"/> Male
E-Mail:	Club Name:		
Shirt Size (circle one): WXS WS WM WL S M L XL XXL KIDS S KIDS M KIDS L			

GENERAL WAIVER AND RELEASE OF LIABILITY AGREEMENT

Waiver of Liability and Statement of Fitness: In consideration of my entry, I hereby for myself, heirs, executors and assigns, waive any and all claims against the Bradenton Runners Club, Manatee County, Grady Thornton, sponsors, officials, and volunteers in this race for any injuries or illness which may directly or indirectly result from my participation. I further state that I am in proper physical condition to participate in this event and realize that the trails may present uneven terrain. In the event the race is cancelled, I understand that entry fees will not be refunded, and I will consider such fee as a donation to the Bradenton Runners Club. I hereby grant permission to the BRC to use my name and photos or any other record of my participation for publicity purposes. The following are not permitted on the race course and are not covered by insurance: headphones or radio headsets, strollers or baby joggers, bicycles, skateboards, roller blades, and animals.

Signature of runner or walker (Parent or Guardian Signature if under 18)

Date

For more information call: **941-782-7023**

METHOD OF PAYMENT

Make check or money order payable to: **Bradenton Runners Club**

Mail with completed entry form to: **On A Shoestring; 3633 Cortez Road West; Bradenton, FL 34210**

FEES

\$20 includes a \$5 club discount for Bradenton Runners Club, MTC, LWRR, SPRR, Suncoast Striders, in store only

ALL RUNNERS

Postmarked by 12/23 \$25 12/24 till 12/30 \$30

Race day \$35

Kid's Races \$10 (early registration guarantees size)

Amount enclosed: \$ _____

Check Amex Visa Mastercard

Exp. date

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
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Can be faxed to (941) 739-5502

* Note: T-shirt sizes guaranteed to pre-registered runners

RACE INFO
Phone: 941-782-7023