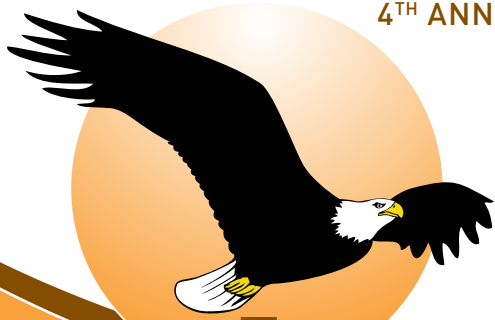


THIS 5K LEAVES YOU BREATHLESS!



4<sup>TH</sup> ANNUAL

Robinson  
Preserve

**FIT2RUN**  
THE RUNNER'S SUPERSTORE

TWILIGHT

**5K RUN**

Proceeds benefit:



including **KIDS' RACES** 3 YRS TO 12 YRS

Friday, March 30<sup>th</sup> at 6:30 PM

• Northwest Bradenton at 17<sup>th</sup> Avenue NW & 99th Street, Bradenton 34209



**ONE OF THE MOST BEAUTIFUL SCENIC 5K RACE COURSES IN FLORIDA!  
ABOUT THE ROBINSON PRESERVE**

William Robinson and his son Parks Robinson owners of Fit2Run donated 6.4 million dollars worth of land, and the Manatee County purchased the rest to create this 497 acre preserve. There are 6 miles of kayak and canoeing trails, 12 acres of open water, 56 acres of marshland, 20 acres of uplands, 2 docks, a 500 foot long boardwalk, 6 bridges, 10 miles of coastal, 7 miles of shell walking/jogging trails, 2 miles of paved trails for the handicapped, fishing piers, bird observation locations, even a 56 foot observation tower. The waterway system was carved out of intertidal canals and the water is a mixture of the Manatee River and the Palma Sola Bay. "It is at places like this that people can get back in touch with nature" stated Charlie Hunsicker, Natural Resources Director for Manatee County.



3:00 pm REGISTRATION STARTS  
5:30 pm WHOLE FOODS MARKET KIDS' RACES  
6:30 pm 5K RUN

- Cash Awards to Top Finishers
- Race Party, Beverages & Beer (with proper ID)
- Age Group Awards
- Finisher Medals to Kids



**DRY FIT T-SHIRTS TO THE FIRST 1,500 REGISTERED.**  
(\$35 value)

Robinson  
Preserve



Register on line at [www.active.com](http://www.active.com). For information and forms: [www.runnergirl.com](http://www.runnergirl.com) or [www.fit2run.com](http://www.fit2run.com)

4<sup>TH</sup> ANNUAL

Robinson Preserve

FIT2RUN THE RUNNER'S SUPERSTORE

TWILIGHT 5K RUN

FRIDAY EVENING, MARCH 30, 2012 - 6:30 PM
RUN & CELEBRATE THE ROBINSON PRESERVE!



FRIDAY, MARCH 30th at 6:30 pm, Kid's races at 5:30 pm, Registration starts at 3:00 pm at the entrance to the Park. Pre-registration, Shirt, Bib, and packet pick up March 24th to March 28th, during store hours at Fit2Run University Center, 8249 Cooper Creek Blvd., University Park, FL 34201. (Next to Lee Roy Selmon's) Tel: 941-358-5100.



5K RUN IS CHIP TIMED and follows a (3.1) 5K route over shell packed trails, six bridges, winding around Mangroves, jumping fish, vistas of Tampa Bay and the Sunshine Skyway Bridge, plus over a 100 different species of birds (please keep running and come back again to view the nature at your leisure) and then finishes on a paved path. Your reward is a great post race party!



KIDS' RACES FROM 3 YRS TO 12 YRS, Sponsored by Whole Foods Market! The Kids' races in four heats: 3 to 4 yrs run 100 meters 5:30 pm; 5 to 6 yrs run 200 meters 5:35 pm; 7 to 9 yrs run 400 meters 5:40 pm; and the biggies 10 to 12 yrs run 800 meters at 5:50 pm. All kids receive an official race t-shirt, bib, packet, and finishers medal. Tampa Bay Rays batting cage & prizes.



GREAT AWARDS: M/F Top Finishers receive cash awards: 1st M/F \$150; 2nd M/F \$100; 3rd M/F \$75: All winners in their respective groups receive beautiful handcrafted award tiles! M/F Masters; M/F Grand Masters; M/F Sr Grand Masters; M/F Veterans. Then Age group awards three deep 14 and under; 15-19; then 5 year age groups from 20-24 to 80+.



GREAT POST RACE PARTY IN BEAUTIFUL ROBINSON PRESERVE AT THE VALENTINE HOUSE: Great post race buffet compliments of EZRA & Cheney Bros., including beverages and Beer (with proper ID). Plus great DJ music and more! Courtesy of Fit2Run, and supporting sponsors!

THANK YOU TO OUR SPONSORS:



REGISTER ONLINE: www.active.com

OR FILL OUT THE FORM BELOW. PLEASE PRINT CLEARLY. PLEASE COMPLETE ENTIRE FORM.

Registration form fields: First Name, Last Name, Address, City, State, Zip, Phone, Cell Phone, Birthday, Age on Raceday, E-Mail, Club Name, Wave Start, Estimated finish time.

PAYMENT INFORMATION

Payment information fields: KIDS' FUN RUN pricing, 5K pricing, credit card options, and signature line.

GENERAL WAIVER AND RELEASE OF LIABILITY AGREEMENT (must be signed)

All participants in any event(s) related to Fit2Run or any of its sponsors (hereafter known as "event") are required to, and hereby do, assume all risk of participation by signing this General Waiver and Release Liability Agreement.

In consideration of this entry, I, for myself, my heirs, devise, executors, administrators and assigns hereby waive, release and discharge any and all Claims against Fit2Run, The Runner's Superstore, Robinson Sports, Inc., Manasota ARC, Robinson Preserve, and all sponsors conducting this event, or their employees, representatives, or successors, volunteers and USA T&F Florida for any and all damages or injuries I may suffer. I hereby grant permission for the free use of my name and picture in any broadcast, brochure or account of this event.

PARTICIPANT HAS READ THE FOREGOING AND INTENTIONALLY AND VOLUNTARILY SIGNS THIS WAIVER AND RELEASE OF LIABILITY AGREEMENT.

Signature Acknowledging Waiver of Liability (Note: Parent or Guardian must sign if under 18)

Printed Name Date

If not registering online, send completed form to Fit2Run, postmarked no later than March 26th, 2012 to:

FIT2RUN, UNIVERSITY CENTER 8249 COOPER CREEK BLVD. UNIVERSITY PARK, FL 34201 or FAX to: 941-358-5101

www.fit2run.com