



The Arthritis Foundation Presents



Creaky Bones (vt)

5K runners receive 'Syntrel' microfiber training Tee 'To Dye For'

"Make no bones about it, This benefits the Arthritis Foundation"

5K Run & Kid's Monster Dashes
THE PIER, ST. PETERSBURG
THURSDAY OCTOBER 28, 2010
7:00 PM

Meet Doggie Bones

1 mile fitness walk

For walkers with or without pets.

"Walkers receive a special 'Doggie Bones' T-shirts.



Registration from 5:00 PM • Kid's Races 6:25 PM • 5K Run/Walk 7:00 PM
FOR MORE INFORMATION CALL

(813) 968-7000

Register online www.active.com

Information and forms at www.RunnerGirl.Com



Proceeds to benefit the Arthritis Foundation supporting research for a cure, local services including exercise programs and summer camps for kids with arthritis.



