

Saint Stephen's Athletic Booster Club

Falcon 5k run

Come run along the Manatee River in this historic neighborhood in Bradenton, Florida. This shaded scenic route takes you past the beautifully landscaped, grand old and new homes along Riverview Boulevard. The proceeds from this race will help to enhance the athletic programs at Saint Stephen's which benefit all students. Race route noted on reverse side.

Date: Saturday, February 21, 2009
Time: Registration opens at 7:00 a.m.
 5K Race begins at 8:00 a.m.
NEW: 1 Mile "Fun Run" begins at 8:00 a.m.
 (See back for 1 Mile registration form)



Location: Saint Stephen's Episcopal School
 3900 block of Manatee Ave. W.
 Bradenton, Florida

Fees: Pre-registered Individual Entries - all ages \$15
 (guaranteed goodie bag and race shirt)
 Day of Race - all ages \$20
 Family Sponsorship: (2 entries, name on t-shirt) \$100

Age Divisions: 5K Male and female winners awarded in each division:
 Overall, Masters (40+), Grand Masters (50+), Senior Grand Master (60+),
 Veteran Grand Master (70+)
5K Awards will be presented three deep in the following divisions:
 7 & under, 8-9, 10-12, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39,
 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

Additional forms may be downloaded from www.saintstephens.org. The deadline for pre-registration by mail is **February 17, 2009**. The deadline for participants pre-registering on-line at www.falconfitnessrun.com is **February 19, 2009**.

Race sanctioned by:

Sponsored by:

For safety reasons, headphones, strollers, baby joggers, bicycles, skates, skateboards and animals will not be permitted at this event.

Falcon 5K Run - Registration Form

Please complete one form for each participant. For general race information contact Jennifer Sabo at (941) 746-2121, ext. 121 or jsabo@saintstephens.org

Name: _____ Phone: () _____
 Address: _____ City, State, Zip: _____
 Email Address: _____ Emergency Phone: () _____

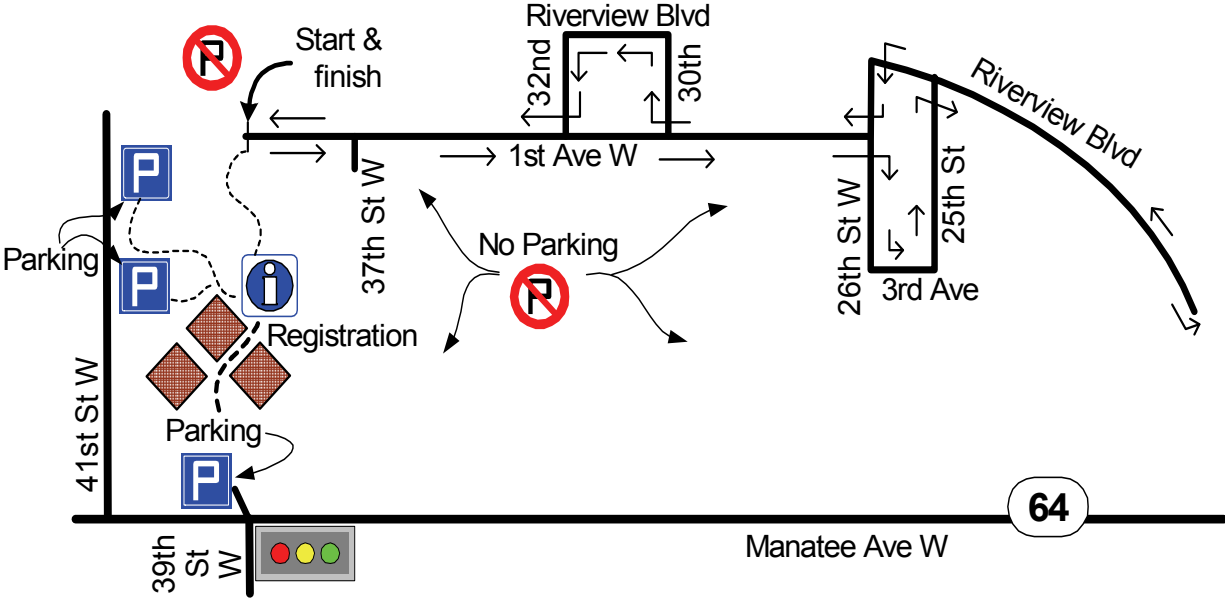
Please circle one: Race: 5K (see back for 1 Mile "Fun Run" form) Race Class: M / F Adult Shirt Size: S M L XL Child Shirt Size: S M L
 Age Group (as of race day): _____ Team Name (if applicable): _____

I know that running a road or trail race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including and not limiting, falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and conditions of the road or trail, all such risks being known and appreciated by me. Having read the waiver and knowing these facts and in consideration of accepting my entry, I, for myself, and anyone entitled to act on my behalf, waive and release Saint Stephen's Episcopal School, the Bradenton Runners Club, its officers, directors and agents, all sponsors, their representatives and successors, from all claims and liabilities of any kind arising from my participation in this event, although that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. By signing this form, I agree that for safety reasons headphones, strollers, baby joggers, bicycles, skates, skateboards and animals are not permitted in this event.

Signature: _____ (Signature of parent or guardian if entrant is under 18)



5k RACE ROUTE



For safety reasons, headphones, strollers, baby joggers, bicycles, skates, skateboards and animals will not be permitted at this event.

I Mile Fun Run - Registration Form

Please complete one form for each participant. For general race information contact Jennifer Sabo at (941) 746-2121, ext. 121 or jsabo@saintstephens.org

Name: _____ Phone: () _____

Address: _____ City, State, Zip: _____

Email Address: _____ Emergency Phone: () _____

Please circle one: **Race: 1 Mile "Fun Run"** **Race Class: M / F** **Adult Shirt Size: S M L XL** **Child Shirt Size: S M L**

Age Group (as of race day): _____ **Team Name (if applicable):** _____

I know that running a road or trail race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including and not limiting, falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and conditions of the road or trail, all such risks being known and appreciated by me. Having read the waiver and knowing these facts and in consideration of accepting my entry, I, for myself, and anyone entitled to act on my behalf, waive and release Saint Stephen's Episcopal School, the Bradenton Runners Club, its officers, directors and agents, all sponsors, their representatives and successors, from all claims and liabilities of any kind arising from my participation in this event, although that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. By signing this form, I agree that for safety reasons headphones, strollers, baby joggers, bicycles, skates, skateboards and animals are not permitted in this event.

Signature: _____ (Signature of parent or guardian if entrant is under 18)